



Call us today!

1-276-656-1530



Services Offered

Delivery

Transportation

Personal Care

Respite Care

Nutrition Assistant

Mobility Assistant

Support Services

Companionship

Non-Emergency

Non-Skilled

Contact INFORMATION



110 E. Market Street
Martinsville, Virginia 24112



Toll Free : **1-888-656-1530**
Phone: **1-276-656-1530**
Fax: **1-276-656-1028**



Email: info@helpmatesllc.com



www.helpmatesllc.com

Help Mates Delivery & Transport, LLC

Services Include:

Delivery

Medication
Groceries
Packages
Gifts
Personals

Transportation

Appointments
Airport
Bus Station
Work
Personals

Personal Care

Personal Hygiene
Bathing
Dressing
Shaving
Hair and Nail Care
Medication Reminders
Toileting
Incontinence Care

Respite Care

Night-time Respite
Day-Time Respite Care
Weekend Care
Scheduled Respite Care
On-the-Spot Respite Care
Safety Supervision
Companion / Sitter Services

Nutrition Assistance

Meal Preparation
Feeding
Encourage/Restrict Diet

Mobility Assistance

Assistance with Walking
Turning/Positioning in Bed
Transferring to the Bed or Chair
Assistance with Exercise Programs

Support Services

Light Housekeeping/Laundry
Maintaining a Safe Living Environment for the Client
Transportation Arrangements to Medical Appointments
Drop-in Services
Wake up/Tuck in Services Telephone Reassurance
Care while away on vacation/business
1 on 1 personal care in hospitals, nursing homes, assisted livings, etc.
Gift Wrapping for the Holiday

Companionship

Social Gatherings & Outings
Shopping and Running Errands
Organizing Appointments & Schedule
Accompany to Appointments
Activities including cards, games, TV, etc.
Emotional Support

Service Provided for Conditions Such As: (Care Plan Tailored to Fit Individual Needs)

Alzheimer's or Dementia
Poor Vision (Legally Blind)
COPD (Chronic Obstructive Pulmonary Disease)
Diabetes (Type 1 -or - Type2)
CHF (Congestive Heart Failure)
Kidney Disease (Dialysis)
Stroke/CVA (Cerebral Vascular Accident)
Cancer (Active -or- Remission)
Diminished Hearing (Hard-of-Hearing)
Arthritis (Degenerative Joint Disease)
HTN (Hypertension/High Blood Pressure)
Parkinson's Disease
Incontinent (Bowels & Bladder)
UTI (Urinary Tract Infection)
Amputees (Legs, Feet, Arms, and Hands), and more!



Payment Options

Credit Card



Checks



Cash



www.helpmatesllc.com